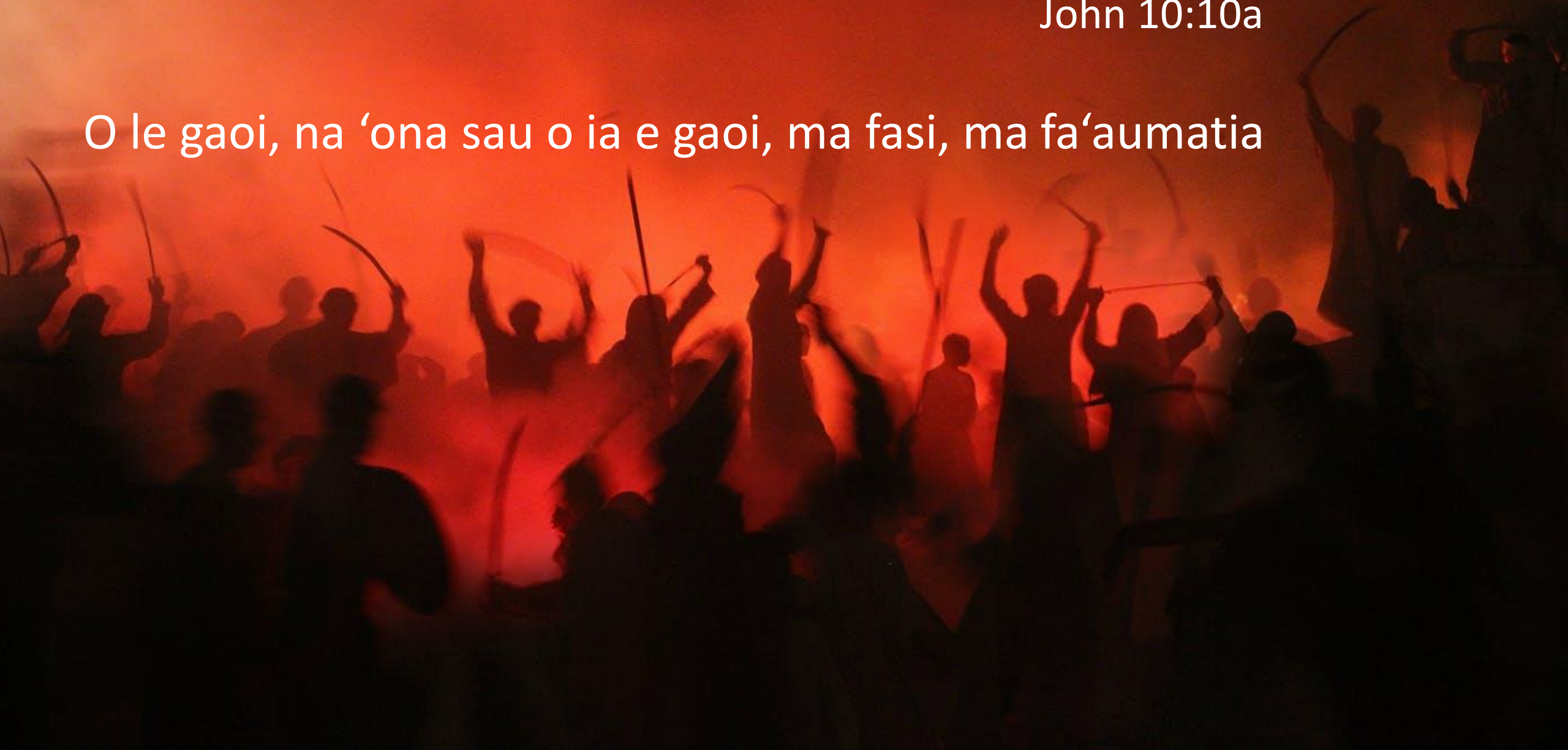


The thief comes only to steal and kill and destroy

John 10:10a

O le gaoi, na 'ona sau o ia e gaoi, ma fasi, ma fa'aumatia



I have come that they may have life, and have it to the full

John 10:10b

‘Ua ‘ou sau ‘ina ‘ia maua e i latou le ola, ia maua atili ai lava



## The Armour of God – Ephesians 6:10-20

<sup>10</sup> Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armour of God, so that you can take your stand against the devil's schemes.

<sup>10</sup> O le toe 'upu, 'ia 'outou lototetele i le Ali'i ma le malosi o lona mana. <sup>11</sup> 'Ia 'outou 'o'ofu i 'ofutau mai le Atua, 'ina 'ia 'outou mafaia 'ona tete'e atu i togafiti a le tiapolo.





<sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

12 Auā tatou te lē tau ma tagata, a o ali'i sili ma faipule ma ali'i o le pouliuli o lenei lalolagi, 'atoa fo'i ma agaga leaga o i le lagi.



<sup>13</sup> Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

13 O le mea lea, 'ia 'outou tago i 'ofutau 'ato'atoa mai le Atua, 'ina 'ia 'outou mafaia 'ona tete'e atu pe a o'o i le aso leaga, pe a uma 'ona 'outou faia o na mea uma, 'ona 'outou tūtūmau ai lea.



<sup>14</sup> Stand firm then, with the **belt of truth**  
buckled around your waist,

<sup>14</sup> O le mea lea 'ia tumau 'outou, 'ia fusia o  
'outou sulugātiti i le fa'amaoni





with the **breastplate of righteousness** in place

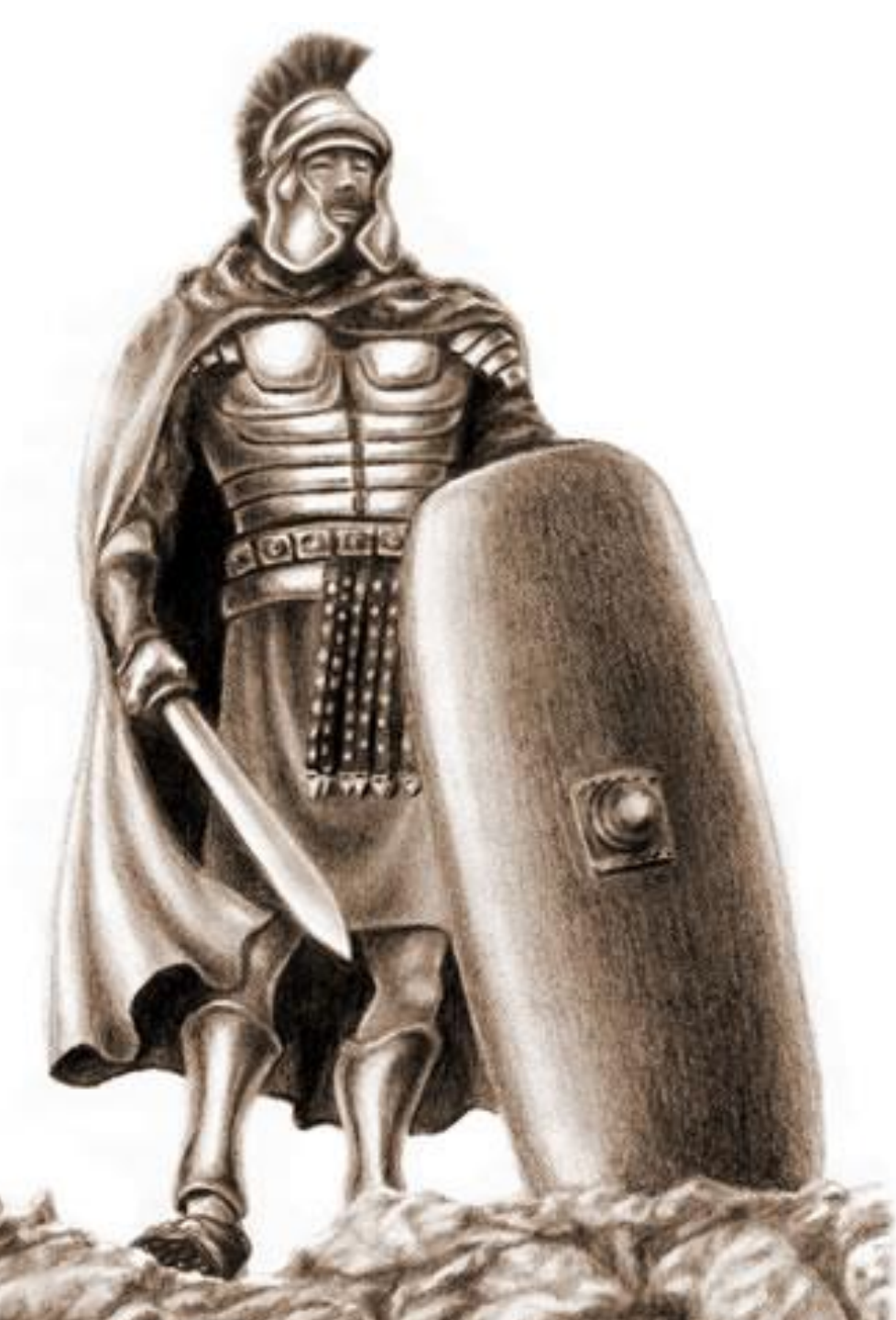
ma 'ia 'avea le amiotonu ma o 'outou ufifatafata



<sup>15</sup> and with your **feet fitted** with the **readiness** that comes from the **gospel of peace**.

15 ma 'ia fa'ase'evaeina o 'outou vae i le nofo sauni e folafola le Tala Lelei o le filemū.





<sup>16</sup> In addition to all this, take up the **shield of faith**, with which you can extinguish all the flaming arrows of the evil one.

<sup>16</sup> A 'ia sili lava i mea uma 'ona 'avea le fa'atuatua ma talitā, o le a mafai ai e 'outou 'ona tineia ū fanafana mumū uma lava a lē o lo'ō leaga.



<sup>17</sup> Take the **helmet of salvation**

<sup>17</sup> 'Ia 'outou 'avea le puloutau o le fa'aolataga,



and the **sword of the Spirit**, which is the **word of God**.

ma le pelu o le Agaga, o le afioga lea a le Atua





***Lord, today I take up and put on the full armour to guard my life against attack.***

***I put on the belt of truth to protect against lies and deception.***

***I put on the breastplate of righteousness to protect my heart from the temptations I battle.***

***I put the gospel of peace on my feet, so I've ready to take your light wherever you send me this day.***



***I take up your shield of faith that will extinguish all the darts and threats hurled my way by the enemy.***

***I believe in your power to protect me and choose to trust in you.***

***I put on the helmet of salvation, which covers my mind and thoughts, reminding me I am a child of the day, forgiven, set free, saved by the grace of Christ Jesus.***

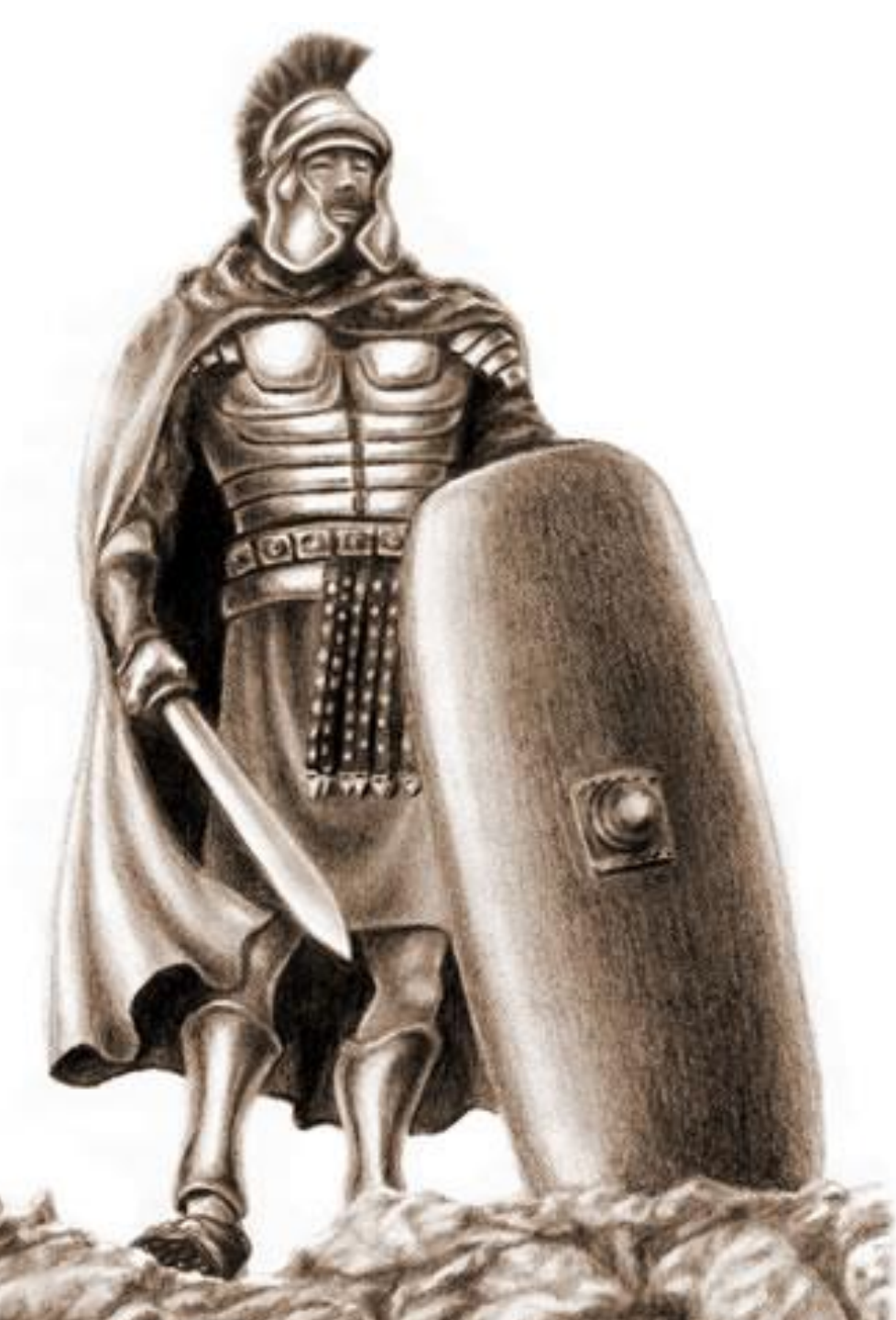


***I take up the sword of the Spirit, your very Word, the one offensive weapon given to me for battle, which has the power to demolish strongholds, alive, active, and sharper than any double-edged sword.***

***I ask for your help in remembering to put on your full armour every day, for you give me all that I need to stand firm in this world.***

***Forgive me God for the times I've been unprepared, too busy to care, or trying to fight and wrestle in my own strength.***





***Thank you that I never fight alone, for you are constantly at work on my behalf, shielding, protecting, strengthening, exposing deeds of darkness, bringing to light what needs to be known, covering me from the cruel attacks I face even when I'm unaware.***

***In the powerful name of Jesus, Amen.***



<sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

18 'Ia 'outou tatalo e lē aunoa ma ōle atu i le fesoasoani mai le Atua, ma 'ia tatalo fo'i i le mana o le Agaga. 'Ia mataala i mea uma, ma 'ia tausisi i le tatalo mo tagata pa'ia uma lava.



<sup>19</sup> Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

19 'Ia tatalo fo'i mo a'u, 'ina 'ia tu'uina mai le 'upu 'iā te a'u, ia 'ou fa'amalosi ai e fa'ailoa atu le mea lilo o le Tala Lelei, 20 o le 'upu lava lea 'ua noanoatia ai a'u le sāvali; 'ina 'ia 'ou fa'amalosi ai e tautala e pei



